

The Rising Epidemic Of Gluten And Other Hidden Food Allergies How They Wreak Havoc And What You Can Do To Reclaim Your Health

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The Rising Epidemic Of Gluten

Hidden allergies to gluten and other foods cause the needless suffering of many and are now an epidemic. The foods many of us have been eating for years are creating symptoms, inflammation and contributing to chronic disease.

The Rising Epidemic of Gluten and Other Hidden Food ...

Against the grain Data from the National Health and Nutrition Examination Survey show the rising tide of gluten avoidance by people without celiac disease. Celiac diagnoses also rose, but probably...

What's really behind 'gluten sensitivity'? | Science | AAAS

AP, (CBS/AP) Nearly two million Americans have celiac disease and should avoid eating gluten, a new study finds. However, as little as a decade ago, virtually no one in the U.S. seemed to have a ...

Gluten-free diet fad: Are celiac disease rates actually ...

The gluten-free trend—and the accompanying multibillion-dollar industry it has created—stems from the spreading belief that eating foods containing wheat or other gluten-laden grains may not only result in weight gain and obesity, but can also lead to a laundry list of ailments ranging from depression and anxiety to arthritis and autism.

Gluten sensitivity: new epidemic or new myth?

Interest in the quantity of gluten at introduction into the diet of infants was also raised based on the results of the Swedish CD epidemic. The evaluation of results of one retrospective observational study indicated that large amounts of gluten (>16 g/day) at the time of first introduction increased the risk of CD (27).

Celiac Disease Prevention

This identification of vague but widespread symptoms with a single widely consumed culprit has led to an epidemic of self-diagnosed gluten intolerance, going far beyond those whose sensitivities...

Time for some grains of truth about wheat and gluten | New ...

Studies of stored serum show that the prevalence of celiac disease has increased fourfold to fivefold over the past 50 years, and the reason for this rise is unknown, although it may relate to aspects of the hygiene hypothesis (exposure to micro-organisms and antibiotics). 3 Despite advances in our understanding of its pathophysiology and improved diagnostic tools, the rise in celiac disease has been a largely silent epidemic, with undiagnosed patients going untreated and at increased risk ...

Celiac disease and non-celiac gluten sensitivity

Gluten intolerance is a growing epidemic in the U.S. and, increasingly, worldwide. Celiac sprue is a more specific disorder, characterized by gluten intolerance along with autoantibodies to the protein, transglutaminase, which builds crosslinks in undigested fragments of gliadin, a major constituent of gluten (Green & Cellier, 2007). The autoantibodies are produced as an immune response to undegraded fragments of proteins in gluten.

Glyphosate, pathways to modern diseases II: Celiac sprue ...

Celiac disease now affects nearly 1% of the population of the United States. 1and diagnosis rates have continued to increase in recent years.2The rise in celiac disease diagnoses does not merely reflect an increased awareness of this immune-based condition on the part of patients and physicians.

Gluten Introduction, Breastfeeding, and Celiac Disease ...

BLAME for the increase of celiac disease sometimes falls on gluten-rich, modern wheat varieties; increased consumption of wheat, and the ubiquity of gluten in processed foods.

Opinion | What Really Causes Celiac Disease? - The New ...

But there was one. This was an epidemic that primarily affected the youngest children, so infants and children under two years of age. It typically caused what we call the classical form of celiac disease: babies with diarrhea, failing to grow, etc. Then in the mid-90s, just as rapid as the rise was a rapid fall.

The Demonization of Gluten (Ep. 305) - Freakonomics ...

Last year, the "free-from" market, with gluten-free as its anchor, showed a 27% rise in sales. Gluten-free bread, cakes and pasta have become a staple of supermarkets - in recent weeks ...

Not just a fad: the surprising, gut-wrenching truth about ...

While people now understand the autoimmune disease, and gluten-free products are readily available, the idea that gluten could be responsible for myriad health problems has grown out of control....

Could sourdough bread be the answer to the gluten ...

Celiac disease is best understood as an allergy to gluten, the protein that makes pizza and bread dough stretch and rise. If you're usually getting an upset stomach after eating pizza, pasta, or...

The celiac epidemic | ZDNet

We have shown that half of the epidemic was explained by an increase in the proportion of infants introduced to gluten in comparatively large amounts after breast-feeding had been ended. This was partly an effect of societal changes in national dietary recommendations and the food content of industrially produced infant foods.

The Swedish epidemic of coeliac disease explored using an ...

When it comes to gluten, speculation is rife about the cause of the recent rise in documented celiac disease and in the anecdotal reports of widespread gluten sensitivity. Perhaps wheat has been bred to contain more gluten? Or maybe wheat itself has changed and become more toxic with the advent of modern hybrid wheat breeding?

Unraveling the Gluten-Free Trend | EatingWell

Either way, from gluten-free bread to gluten-free shampoo, it seems as if gluten-free is the way to be. Or is it? According to a New York Times article , 2016 projected sales of gluten-free products rings in at a whopping \$15 billion compared with 2013's sales of \$10.5 billion.

5 Theories Why Gluten Intolerance Is Skyrocketing ...

The abrupt increase and decline in the incidence of the disease coincided with changes in the dietary pattern of infants. 18 The risk of celiac disease was found to be greater when gluten was introduced in the diet in large amounts 18; in contrast, it was reduced if children were still breast-fed when dietary gluten was introduced. 19 This finding adds to previous case referent studies showing that breast-feeding is protective. 20 Still uncertain is the relevance of the age of introduction ...